



THE PAS SKATING CLUB

2019-20

Parent and Me Program

The Parent and Me Program is an introductory program that allows parents to take their 2-4 year old on the ice to participate in a learn-to-skate program with guidance from Skate Canada certified coaches. Its purpose is to provide an opportunity for young children to start skating at an age where parent participation will benefit both the skater and the coach in developing the lifelong skill of skating! Children in Parent and Me must wear hockey skates or figure skates and a helmet (**CSA-approved hockey helmet**). Both the Parent and the Skater must register and each will pay the Skate Canada Insurance fee. The program fee is only charged to the child's registration.

Location: RHJ Arena

Schedule:

Monday 5:15 pm – 5:45 pm

Start Date: October 2, 2019

End Date: March 15, 2020

Year-End Review: March 15, 2020

A monthly calendar will be available on The Pas Skating Club's bulletin board located in the Arena hallway and one will also be posted in The Pas Skating Club's glass bulletin board located at the main entrance.

Schedule is subject to change. Please check The Pas Skating Club bulletin board at the rink for updated changes, or the Club website.

www.skatethepas.uplifterinc.com

Skate Canada Professional Coach: Sherry Hunter

Cost: \$90 program + \$36 Skate Canada Insurance (Child) + \$36 Skate Canada Insurance (Parent) = \$162.00